

FAC Cross Country Conference Meet at Tressler Game Preserve Thursday, October 10th, 2019

Coaches,

Please reference the information below to help this year's FAC conference meet run smoothly.

Address: 22714 State Route 104 North, Chillicothe, OH 45601. There will be signs marking the entrance to the farm.

Registration & Check-In: All registrations will take place on Baum's Page. Registration closes Oct 9th at 12 pm (noon). Please register all possible runners. The map is attached and will also be available in the coach's packet the day of the meet. You may make any race day roster changes at the timing van.

FAC Teams: Chillicothe, Greenfield McClain, Hillsboro, Jackson, Miami Trace, Washington Courthouse

Team Camps & Restrooms: Team tents can be placed on the football field in designated areas. Please be sure to keep tents and team camps clear of the course. Restrooms will be located near the football field and near the parking area.

Course and Maps: Maps of the farm and courses are attached. This is a technical/challenging course. Runners will run through woods, over a bridge, along a creek, in the sun in a field, and encounter hills. There is a short walk from the house down to the field. For the safety of the athletes, driving down to the field will NOT be permitted. Please remind your spectators that no animals will be allowed on the property other than service dogs.

Course Preview Day: A preview time and date has been set for Tuesday, October 8th from 5:00-7:00 pm. Coaches MUST accompany their team/runners on the preview day. This is a working farm. No runners are allowed on the property without coach supervision.

Courses & Start Boxes The course will be open at 3:00 pm on race day for teams to arrive/walk/set up camp. Please watch for races when walking/warming up prior to races. Start boxes have been randomly assigned and are listed below.

Timing: You will receive a bib for each runner. The number is to be placed on the front of the singlet. The matching timing chip should also be tied into the shoelaces of each runner.

Schedule & Box Assignments:

Event Schedule	Box Assignments (used for each race & chosen randomly)
3:00 Course opens 4:30 High School Girls 5:00 High School Boys 5:30 Middle School Girls 6:00 Middle School Boys	Box 1: Washington Courthouse Box 2: Chillicothe Box 3: McClain Box 4: Miami Trace Box 5: Jackson Box 6: Hillsboro

Results & Awards Results will be posted to Baum's Page. Awards will be given at the FAC league banquet.

Safety: This event is being held on a working farm. It is IMPERATIVE that all participants and athletes stay in designated areas. Please communicate to your athletes that they must follow directions from the volunteers and farm employees at all times. This is for the safety of all spectators and participants!

First Aid: There will be an athletic trainer on site.

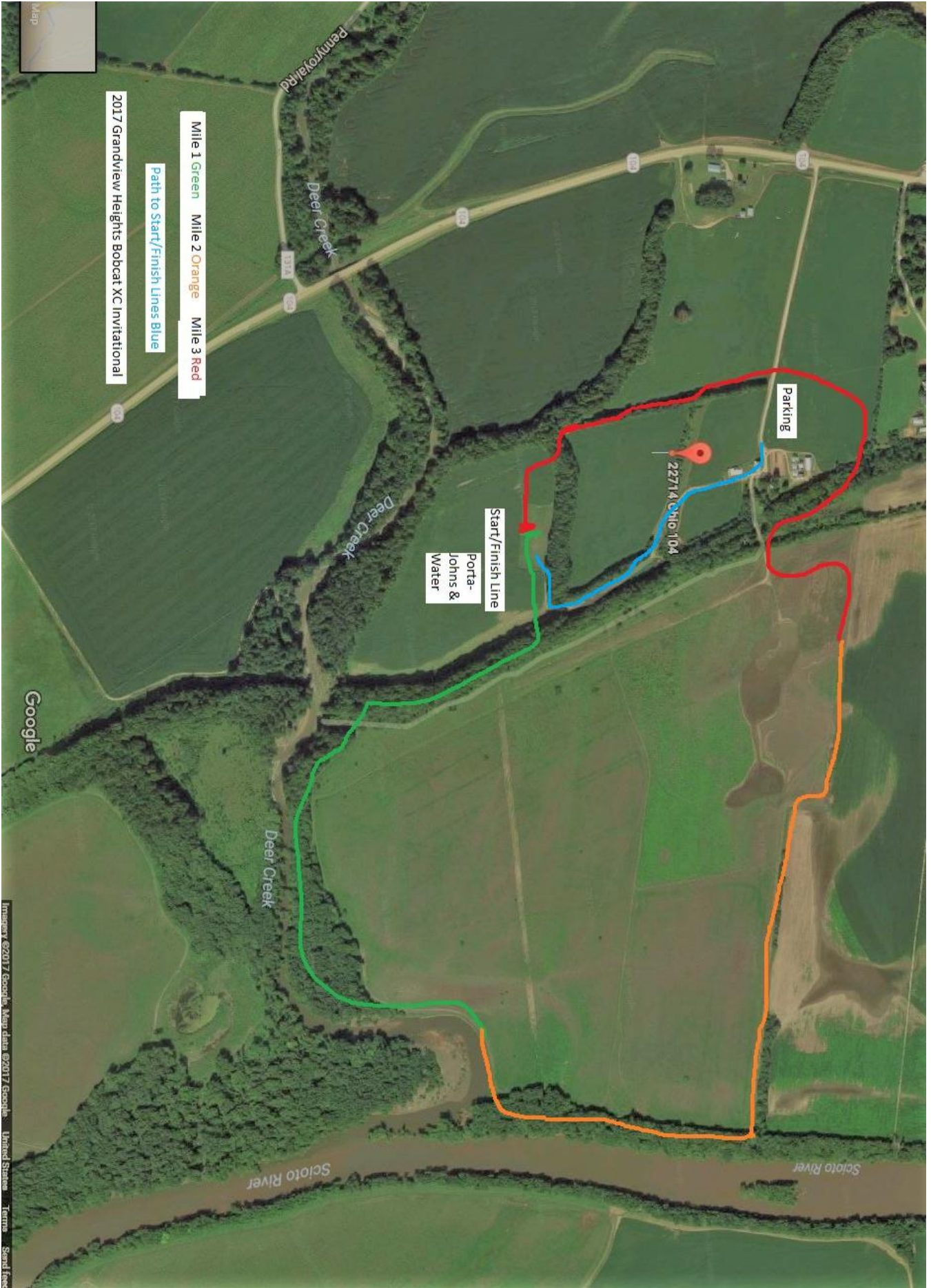
Address: 22714 State Route 104 North, Chillicothe, OH 45601. There will be signs marking the entrance to the farm.

Contacts: Heather Tarlton (740-708-0181; heather.tarlton@ccsd.us) and Rob Strong (239-410-9598; rob.strong@ccsd.us)

Parking: There will be signs directing cars and buses where to park. There will be a \$5/per car cost to park at the meet. There is a short walk from the house down to the field. For the safety of the athletes, driving down to the field will NOT be permitted.

Concessions: Concessions will be available and for sale at the race.

High School FAC Course Map



Middle School FAC Course Map

